

# Restorative Practices

## Restorativeative Circles

### Reflection Sheet: Parent

Use the following to think about and/or discuss the video, "Restorative Circles."

- 1. After watching this video, what benefits do you see for your child's participation in Restorative Circles in the classroom? Why?

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- 2. One of the leaders, Javier Francisco Diaz, speaks of the power of "supportive and empathetic listening" and how the discussions in Restorative Circles capture "every single and essential detail."

- What is "empathetic listening"?
- How do you capture all the details when you have discussions with your child?
- How would these practices fit into your family life?

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- 3. Elizabeth Min-Lan Yung says, "It's not just the students that need the skills; many of the adults need the skills." What are "the skills"? Why do adults need "the skills"?

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- 4. Javier says that when students participate in Restorative Circles, their "academic improvement simply drives up." Why do you think this is so? How does this inform your opinion of Restorative Circles?

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- 5. How might you speak with your child and your child's teacher about Restorative Circles?

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