

# Restorative Practices

## Therapeutic Crisis Intervention in Schools (TCIS)

### Reflection Sheet: Teacher

Use the following to think about and/or discuss the video, "Therapeutic Crisis Intervention in Schools."

- 1. Think about a student whom you struggled to connect with. What was the barrier between you and the child? Were you able to break down that barrier? How so?

---

---

---

---

---

- 2. TCIS training is suitable for all personnel in a school. What advantages are there to training all staff on TCIS? How might different personnel be able to use TCIS productively? If it's not possible to train all personnel in a school, who are the key staff members at your school that you think should be trained? Why?

---

---

---

---

---

- 3. TCIS training uses role-play to teach school staff how to use the program, what value does this serve?

---

---

---

---

---

4. One strategy that they teach in TCIS is how to use proximity to support a student in crisis. Where do you spend most of your time in class? Do you stay in one place throughout class? Do you circulate around the classroom? How do you use proximity to communicate with your students?

---

---

---

---

---

---

---

---

5. TCIS assumes that the teacher will find a way to reach a student in crisis. As teachers, we know that reaching a student, especially when they are in the midst of an outburst, is not always easy. What are some of the challenges that you might encounter when using TCIS? What are some things you might be able to do to overcome those challenges?

---

---

---

---

---

---

---

---

6. One of the participants in the TCIS training video explains that TCIS training “gives staff a place to feel successful as well.” Why do you think that TCIS training could help staff to feel successful in their work?

---

---

---

---

---

---

---

---

# Restorative Practices

## Therapeutic Crisis Intervention in Schools (TCIS) Teacher Action Plan

Consider the following to begin the process of implementing elements of the TCIS program in your own classroom.

- 1. What elements of TCIS that were described in the video do you already do in your classroom?

---

---

---

- 2. How do you handle those challenging moments when a student in crisis acts out in your classroom? What supports do you have in your school to help you and the student?

---

---

---

- 3. What is one new idea that you took away from the video about how to support a student in crisis? Can you implement that strategy in your classroom? What barriers might exist that would prohibit you from using TCIS in your classroom?

---

---

---

---

- 4. If all staff members at your school cannot be trained in TCIS, who do you think are some of the key players that should get trained first? How might those who do receive TCIS training disseminate the information they acquire?

---

---

---

---