

Restorative Practices

Life Space Crisis Intervention (LSCI)

Student Reflection: Middle School

After watching the video about LSCI, think about your answers to the questions below and share your answers with your classroom community.

- 1. What class do you learn the most in? How would you describe the learning environment of that class? Is it calm? Busy? Loud? Quiet? Are there routines? Is it chaotic? What kind of environment works best for you to learn? Why do you think this is so?

- 2. The first stage of LSCI is "Drain Off." What does the term "drain off" mean to you? What do you think it means to "drain off" emotionally? Why do you think that this is the first step in the LSCI process for helping students in crisis?

- 3. Part of the LSCI program is having students retell the timeline of events during the moment of crisis. Why is this an important step? What might make this step difficult?

- 4. What does the word "insight" mean to you? How is the term insight used in the video in the context of learning from a moment of crisis?

- 5. Think about a time when you had a problem or conflict with a friend. What did you learn from that experience? Do you think that you have to experience conflict in order to learn? Explain your answer.
